

## **REVIEW OF PRE OP. INSTRUCTIONS**

### **3 DAYS PRIOR**

No blood thinners including prescription blood thinners, aspirin, alcohol, vitamin E, multi vitamin with E, fish oil, Gingko, garlic pills and St. John's Wort.

### **DAY OF SURGERY**

If you are having General Anesthesia:

The anesthesiologist will contact you with instructions. Otherwise, eat a hearty breakfast or lunch prior to procedure.

Start medications as directed.

**PLEASE CALL IF ANY QUESTIONS ARISE.**